

## ***Linking Clients with What Mesa County Has to Offer***

From Substance Abuse Treatment to Mental Health Needs to Domestic Violence Therapy, Mesa County has access to some of the most qualified and professional providers on the Western Slope.

This guide will provide you with just some of these resources and their contact information. This is not an all-inclusive list and CJSJ does not personally endorse any one agency over any other.

[findtherightfit.org](http://findtherightfit.org)



## **Other Resources Cont.**

### **The Freedom Institute**

Employment resources,  
education resource, peer  
support, housing resources  
for justice involved  
Individuals.  
903 Main St  
(970) 778-5558

### **Food Resources**

Community Food Bank  
476 28/12 Rd  
(970)640-0336  
  
Mutual Aid Partners  
536 Ouray Ave  
(970)316-2019  
  
Kids Aid  
2978 Gunnison Ave  
(970)712-2847

### **Sober Living**

Oxford House  
oxfordvacancies.com  
6 men's houses  
5 female houses  
Locally in Grand Junction

### **Peer Support**

Peer 180  
201 South Ave  
(970)644-5020

### **Medical**

Marillac Health  
2333 N 6th St  
(970)200-1600  
Medical & Dental  
Multiple locations

Good Samaritan Clinic  
402 Grand Ave  
(970)712-6518  
Fridays 1 to 5  
Saturdays 9 to 4

### **Western Colorado 2-1-1**

Call 211 for assistance getting linked up with mental health services, substance abuse treatment services, day care providers, individual and/or family therapy, basic need assistance, etc.

### **Criminal Justice Services Department**

636 South Ave  
Phone: 970-244-3346  
E-mail: [mccjsd@mesacounty.us](mailto:mccjsd@mesacounty.us)



## ***Community Resource Guide***

**A Helpful Guide  
Compiling Behavioral  
Treatment Resources  
located in and  
around Mesa County**



*Integrity, Service, and Caring*





## Behavioral Health Resources

(Substance abuse treatment, DUI Therapy, Mental Health Therapy, Anger Management, Counseling)

### Amos Counseling

1131 N 21 St  
(970)778-4360  
SA & DUI, DBT, Anger Management, Parenting Classes, Mental Health

No Longer Accepting Medicaid

### Foundations 4 Life

2956 North Ave #3F  
(970)589-1649  
SA & DUI, DBT, Mental Health, Marriage Counseling

### Shift Counseling

1170 Colorado Ave  
(970) 241-2948  
SA & DUI, Mental Health, Anger Management, Trauma

### Counseling & Education Center (CEC)

2708 Patterson Rd  
(970)243-9539  
Individual Therapy, Cognitive Behavioral Therapy

### Pathways Recovery

#### Living Program

562 29 Rd  
(970)256-9294  
Non Clinical SA Treatment Comprehensive Case



**24/7/365 Confidential & Immediate Crisis Support**  
**844.493.TALK (8255)**  
**Text TALK to 38255**

## Mental Health Resources

### Lifespan Psychiatry

2140 N 12th St  
(970) 579-0003  
Mental Health, Medication management.  
EMDR Therapy, Ketamine Assisted Psychotherapy,

### Health Solutions-West

515 28 1/4 Rd Bldg A  
(970)241-6023  
Inpatient Substance Abuse Treatment for Females and male Residential Co-Occurring Treatment Outpatient mental health and substance abuse treatment services  
Peer Support

### Love light Psychiatric Care

627 24 1/2 Rd Suite F  
(970)640-9741  
Individual mental health and medication management needs

### LIFT

Taking over from MAC, it's the same 4 agencies providing comprehensive, community case management . Make a referral at:  
liftmesacounty.com

## Parenting Resources

### Hilltop Family Resource Center

1129 Colorado Ave  
(970)244-0618  
Parenting Education and referrals to care services  
**STRIVE**  
790 Wellington Ave  
(970)241-5403  
Early Intervention Services for children from birth to age 3 with a developmental delay or

### Department of Human Services

510 29 1/2 Rd  
(970)241-8480  
Parenting Class  
SNAP Benefits enrollment  
Child Support  
**CASA of Mesa County**  
2139 North 12th St Suite 5  
(970)242-4191  
Parenting Class

## Domestic Violence Providers (Mesa County and the surrounding area)

### Lindsey Walt PLLC

Lindsey Cisar  
(970)639-1324  
518 28 Rd Suite 210 B

### Endeavor

**Counseling**  
(970) 640-5703  
518 28 Rd Suite 209 B  
Megan Griffith, & Joe Kuntz

### Center for Mental Health

Janet Switzer  
107 W 11th St Delta , CO 81416  
(970)399-4053

### Ignite Change

**Counseling**  
Lisa Tullio  
1802 S Townsend Ave  
Montrose, CO 81402  
(970)249-2134

### Colorado Family Counseling

111 3rd St Suite 216  
Rifle, CO 81650  
(970)379-5790

**For LGBTQ - Envision Therapy Solutions**  
231 S Clover Dr. #5  
Bayfield, CO 81122  
970-769-2435

## Other Resources

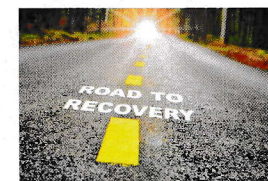
### Employment

Kevin Velasquez  
Community Resource Specialist-CJSD  
(970)244-3896  
Kevin.velasquez@mesacounty.us

Mesa County Workforce Center  
512 29 1/2 Rd  
(970)248-0871

### Housing

Grand Junction  
Housing Authority  
8 Foresight Cir.  
(970)245-0388  
Catholic Outreach  
245 S 1st St  
(970)241-3659



*Choose the path that works for you*